

Valid From:
 June 28 -
 Sept. 5th, 2009
 Shaded area classes start
 July 6th and end August 15th

Balanced Martial Arts

663-8342

480 New Rochelle Road, Bronxville, New York 10708

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
|--|---|---|---|-------------------------------|---|---|
| | | 9:15-10:15 AM Adult Only | 9:15-10:15 AM Adult Only | | 9:00-10:00 AM Adult Only | <i>Summer Rewards:</i> Make it to class from June 28th-September 5th 8 Classes: A Pass to a free Weapons Class 14 Classes: Free new school patch 21 Classes: Invitation to a special school outing. |
| | 10:30-11:10 AM Children's Sparring | 10:30-11:00 AM 4-6 Years Old & Future Black Belts | 10:30-11:10 AM Blue and Up | | | |
| | 11:15-11:55 AM All Belts | 11:15-11:55 AM All Belts | 11:15-11:55 AM All Belts | | | |
| | | | | | 10:10-10:40 AM 4-6 Years Old Yellow and Up | |
| | 1:00 - 1:30 PM 4-6 Years Old & Future Black Belts | | 1:00 - 1:30 PM 4-6 Years Old & Future Black Belts | | 10:45-11:15 AM 4-6 Years Old & Future Black Belts | |
| Check for invitations to special events to be held on Monday afternoons | 4:15-5:00 PM White to Blue | 4:15-5:00 PM Green and Above | 4:15-4:45 PM 4 - 6 Years Old & Future Black Belts | 4:15-4:55 PM White to Blue | 11:20-12:00 PM White to Blue | <i>June</i> 29th Summer Schedule Begins |
| | 5:05-5:40 PM 4-6 Years Old | 5:05-5:50 PM All Belts | 4:50-5:35 PM Blue and Above | 5:00-5:40 PM Sparring | 12:05-12:50 PM Blue and Up | <i>July</i> 6th Morning Children's Classes Begin 17th Closed Black Belt Promotions 23rd Board Breaking Promotions 26th |
| | 5:45-6:30 PM Blue and Above | 6:00-6:30 PM 4 -6 Years Old | 5:45-6:30 PM White to Green | 5:45-6:30 PM All Belts | 1:00 - 2:00 PM Adult/Teen | <i>August</i> 15th Morning Children's Classes End 24th Board Breaking Promotions 30th |
| | 6:45-7:40 PM Teen Only | 6:45-7:40 PM Adult/Teen | 6:45-7:40 Teen Only | 6:45-7:40 PM Adult/Teen | | |
| | 7:45-8:40 PM Adult Only | 7:45-8:40 PM Adult/Teen Sparring | 7:45-8:40 PM Adult Only | | | Breaking Days all classes are held as normal. |